



On the Home Front

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Scholarships

Did you know that NL Housing offers an annual Youth and Adult Scholarship Program? The Youth Scholarship is offered to all dependent children of NL Housing tenants who are graduating from Grade 12 in June 2013 and are registered to attend a recognized post-secondary institution on a full-time basis in the fall. The Adult Scholarship is offered to any adult tenant in full-time attendance for the fall semester. The deadline to apply for the Youth Scholarship is August 31, 2013, and the Adult Scholarship deadline is September 30, 2013. Check out our website for more information.

Tenant Conference

The 2013 Tenant conference is scheduled for September 13-14, 2013 at Hotel Gander. A letter was recently sent to all Tenant Associations inviting you to register for the conference. Please fill out and return as soon as possible. NLHC would like to hear any ideas or suggestions you may have for this year's event. Please contact your local NLHC Social Worker, or email Maureen Murphy at mjmurphy@nlhc.nl.ca with any suggestions you would like to share that might be of benefit to all tenants.



▲ April 21-27, 2013, marked another Volunteer Week. National Volunteer Week is an opportunity to recognize and celebrate the great work and contributions of our volunteers. In Happy Valley-Goose Bay, 14 volunteers from the White/Mesher Tenant Association and Perrault Place Tenant Association were recognized for their hard work, commitment and dedication to various programs and services, such as Kids Eat Smart, Good Food Box, and Community Kitchens. As a thank you, NLHC treated the volunteers to lunch and also presented them with a certificate of appreciation.

Perrault Place Tenant Association

Another TA to celebrate Easter was the Perrault Place Tenant Association. The group held the party at their Neighborhood Center, which was very well attended by 18 adults and 21 children. Everyone enjoyed the pot-luck and took part in Easter activities such as making baskets and decorating Easter eggs. Everyone certainly walked away with a full belly! Each child went home with a treat bag and a basket for the Easter Bunny to fill with chocolate and other yummy treats.



West Heights Tenant Association



West Heights Tenant Association held their annual Easter Party. The children were excited to receive loot bags filled with yummy Easter treats! They had a special visit from MHA Dale Kirby who provided pizza from Domino's pizza. The party also included a visit from Newfoundland Reptiles, where everyone had the opportunity to interact with different animals. There were a lot of laughs and everyone had a great time! West Heights is now planning and looking forward to their spring and summer events.

And the winners are ...

NLHC tenants were excited to share why they volunteer. We received 16 entries. WOW! Thank you to all those who shared their amazing stories. The winners are:

Zone 1 – Labrador and Corner Brook

- 1st Place, \$75.00 in Visa Cards – Jill Airhart
- 2nd Place, \$50.00 Visa Card – Elizabeth Michelin
- 3rd Place, \$25.00 Visa Card – Ingrid House

Zone 2 – Central and Marystown

- 1st Place – Kay Beck

- 2nd Place – Audrey Fitzpatrick
- 3rd Place – Trudy King

Zone 3 – ARO

- 1st Place – Betty Hearn
- 2nd Place – Carol Lambe
- 3rd Place – Sandra Antle

.We want to hear all about what's happening in your neighborhood! The deadline for submissions for the next On the Home Front newsletter is Friday, August 9, 2013. Please submit your stories and photos, as well as consent forms to use the photos, to Danette at drfox@nlhc.nl.ca

A.C.E. Tenant Association

The ACE Neighbourhood Center has been very busy over the past few months. They introduced some exciting new programs such as *Girls Circle Jr.*, *Lego Club*, and a teen program, *TLC (Teens Leading Change)*. The most recent program added, *Let Them Be Kids*, is held every Friday afternoon which includes all kinds of cool, adventurous activities that allow kids to be just that, KIDS! They enjoy activities like spy camps, *Amazing Race*, outdoor cooking and GEO caching. The children recently participated in a bean plant garden and are so excited about it that they rush in each day to water their beans and watch them grow! Soon they will be big enough to plant in the ground! The ACE Neighborhood Center is looking forward to the upcoming weeks to see what else they can do and create!



White/Mesher Tenant Association

White/Mesher Tenant Association in Happy Valley-Goose Bay have had a busy Winter and Spring! On March 11, 2013, Al Antle with Credit and Debt Solutions visited the area where tenants had the opportunity to meet with Al to discuss and learn about budgeting. A garden and composting workshop was held on March 18, 2013, where everyone enjoyed planting seeds for Mothers Day flower baskets. A pilot project known as Good Food Box Market began in March 2013 and will continue each month until June 2013. Tenants can get potatoes, carrots,

turnip, cabbage, eggs, cheese, apples, oranges and milk for \$2.00; and if they volunteer with the program, they can get the food for free! The White/Mesher Tenant Association held a composite workshop in May and a Mother's Day luncheon on May 12th at the Salvation Army. Both were very well attended and everyone had a wonderful time!



Crisis Phone Lines

Mental Health Crisis Line

Telephone:
1-888-737-4668

Toll-Free:
1-877-753-8550

Website:
www.cmhanl.ca/

Financial Information Help Line

Telephone:
855-723-8140

Monday to Thursday
4:00 pm to 8:00 pm
Island time

Website:
www.creditanddebtsolutions.ca

Community Sector Council

Website:
www.communitysector.nl.ca

Did you know?

- Most electronic items consume energy even if not turned on? This is called stand-by power.
- That a charger can still draw energy even if something is not plugged into it.
- A computer that runs 24 hours a day can use between \$75 and \$120 worth of electricity each year.

How Can I reduce my standby power?

- Use a power bar to plug multiple items into which can be easily be turned off.
- Unplug chargers when not in use.
- Unplug items which are not used on a regular basis.

For more specific information on reducing standby power, check out:
<http://oee.nrcan.gc.ca/equipment/manufacturers/17201>